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XIII. RIMS

Special Interest Group
on mobility - in between meeting
Prague, Czech Republic

Rehabilitation in Multiple Sclerosis,
Department of rehabilitation and Department of neurology,
3rd Medical Faculty Charles University and Faculty Hospital Royal Vineyard in Prague,
and CEROS, non-profit organization

invite you to active participation
in the international clinical and scientific workshop
"Content of physical rehabilitation in multiple sclerosis".

Welcome on 20 - 21th May 2010 in Prague!

RIMS rehabilitation multiple sclerosis european network of ms centres
METROPOLITNÍ UNIVERZITA PRAHA
CEROS www.ceros.cz

INVITATION 13th SIG MOBILITY

"Content of physical rehabilitation in multiple sclerosis"

Prague, Czech Republic

Dear RIMS member,

Dear Colleague with interest in MS Mobility issues,

In each country, different therapeutic approaches are applied in similar cases, all with the same aim to help the patients as effectively as possible. It seems important to define these differences and to understand the rationale underlying the difference. The aim of the workshop is to strengthen discussion and initiate long - term co-operation, to learn and exchange new knowledge and experience in the field of neurorehabilitation.

The next SIG Mobility meeting of RIMS will take place in spring time in Prague. Satellite meetings with workgroup members and interested people will take place on Thursday May 20th, with full day programs on Friday and Saturday.

You are welcomed to submit an abstract for a short presentation, related to the topic of the workshop or regarding your own clinical or research activities. In fact, the organizers will attempt to reimburse accommodation to a greater extent to recognize your active contribution.

We look forward to an interactive and challenging meeting with researchers, therapists and rehabilitation doctors with an interest in Mobility of persons with MS. As always, there are no registration fees to be paid when you are a RIMS member, while main lunches and dinner are offered by the local organizer since we are fortunate that the SIG meeting has been kindly sponsored by R.I.M.S. (Rehabilitation in Multiple Sclerosis). Support in accomodation costs (minimal 1 night) is very likely, but precise details are depending on the number of (active) participants and additional sponsors.

We kindly ask you to complete the registration form before April 1st, 2010, if you are able to participate, as well to announce a working title if you want to give a presentation.

Many thanks and best regards

PhDr. Kamila Řasová, Ph.D. Local Organizer

Peter Feys (PhD, PT) Chairman SIG Mobility

Paul Van Asch (PT) Co-chair SIG Mobility

Preliminary PROGRAM

Content of physical rehabilitation in multiple sclerosis

THURSDAY May 20th

| Afternoon/Evening: Arrival to Prague Airport, 30' to hotels and conference venue.

Conference Venue and accommodation: Vila Lanna, V Sadech 1, Praha 6

13:30 - 15:00 Satellite Meeting: multi-centre studies discussion with workgroups
(Discussion about contemporary and future multi-centre)

13:30 - 15:30

Walking study

Lead: Peter Feys, Belgium, Peter.Feys@uhasselt.be

Workgroup members: Domien Gijbels, Benoit Gebara, Ulrik Dalgas, Vincent Degroot, Anders Romberg, Francois Bethoux

CLOSED MEETING, for workgroup members and data collecting centers (please inform us of your attendance)

AIM: discussion of results and manuscript writing

16:00 - 18:00

Content of Rehabilitation across Europe

Lead: Kamila Rasova, Czech Republic & Thomas Henze, Germany

Workgroup members: Peter Feys, Vincent De Groot, Davide Cattaneo, Johanna Jonsdotire, Anna Hogenova, Petr Hlustik, Alena Herbenova, H. Van Tongeren, Carme Santoyo, Brigitte Gattlen, Małgorzata Stachowiak, Tori Smedal, Bente Gelsvik, and others

OPEN MEETING TO ALL PEOPPLE INTERESTED IN

From 20:00-...**Coming together - WELCOME DRINK**

FRIDAY MAY 21th

8:15 – 8h30 Registration and morning coffee

08:30 - 09:00 **Welcome**

Dobroslava Jandová, head, Department of rehabilitation, Third Medical faculty,
Charles University in Prague
Peter Feys, PT, REVAL (PHL-Uhasselt)

Introduction to the SIG theme & participants

Kamila Řasová, Department of rehabilitation, Third Medical faculty, Charles
University in Prague

09:00 - 11:30 SCIENTIFIC SESSION I

09:00 – 09:30

Johanna Jonsdottir, Italy “ICF model in physical rehabilitation of multiple sclerosis”

09:30 – 10:00

Anna Hogenova, Czech Republic “Various philosophical ways of approaching illness”
Petr Hlustik, Czech Republic “From neuroscience to neurorehabilitation: new concepts
in motor rehabilitation”

10:00 – 10:20 *Coffee break*

10:20 – 12:30 **Goal setting and outcome measures**

10:20 – 10:50 *Anders Romberg: Goals of rehabilitation in MS*

10:55 – 11:55 *Peter Feys: Outcome measures general & MS WALKING study results*

12:00 – 12:30 *Vincent De Groot – Critical discussion of outcome measures*

12:30 - 13:30 **LUNCH**

13:30 - 17h:00 CLINICAL SESSION

13:30-14:30 **Introduction to the clinical workshop**

Introduction to motor learning

Davide Cattaneo, Johanna Jonsdottir “The principles of the task-oriented approach in
the rehabilitation of neurological diseases”

Alena Herbenova “The principles of facilitation approaches”

14:30 - 15:00 **COFFEE BREAK**

15:00 - 18:00 *Presentation of different therapeutic concepts used in physical
therapy of multiple sclerosis in Europe (15' and 5' questions)*

Proprioceptive neuromuscular facilitation: Brigitte Gattlen

Bobath concept: Tori Smedal and Bente Gelsvik, Norway

Perfetti approach: Carmen Santoyo

Vojta reflex locomotion: Irena Zounkova

Dual Tasking: H. Van Tongeren

Exercise therapy: Paul van Asch

A biomechanical approach to walking disability: Vincent de Groot

Practical demonstration of each approach

Round table discussion to each presentation moderated by chairmen

Evening: Dinner and social event

SATURDAY MAY 22th

- **09:00 - 11:30** SCIENTIFIC SESSION II

09:30 – 10:00

Presentation of different European approaches moderated by chairmen: Thomas Henze

Thomas Henze, Germany: Short talk on the German situation and presentation of Hamburg pilot study “the content of treatment and of therapists/physicians in German rehab centers”

Vincent de Groot, The Nederland: “The Dutch approach”

Paul van Asch, Belgium: “The Belgium approach”

10:00 – 10:20 Coffee break

10:20 – 12:30 free presentations

Romberg Anders, Finland: "How to conduct a methodologically sound clinical rehabilitation intervention trial - experiences from an ongoing randomized study"

Peter Feys, Belgium: “The multi-centre walking study: summary of results and future study”

Davide Cattaneo, Johanna Jonsdottir “Study regarding postural stabilization after focal movement”

Other

Other

12:30 - 13:30 LUNCH

13:30-15:00

Round table discussion on what to do in the study regarding the CONTENT OF PHYSICAL REHABILITATION